



Specializing in Equine Assisted Therapy ...
Sensory Integration,
Mental Health and
Horses!

Dream Catcher's Pony Tales

Welcome



Welcome to the latest installment of Dream Catcher's Pony Tales! We enjoy keeping our supporters up to date with current Dream Catcher news, and we are excited to be printing our newsletter on a semi-annual basis. This edition includes information on our upcoming fundraising efforts, stories from the horses, an update on

the latest happenings at Dream Catcher Therapy Center, and much more!

We had a wonderful Denim and Diamonds Casino Night event this past November. A great crowd enjoyed an evening out at the Pavilion with dancing, food, music and fun! Gambling was a highlight of the evening for many of our guests

with Blackjack, Craps, Roulette, and Texas Hold'em to liven things up. The live and silent auctions were quite successful — and we appreciate everyone's support.

We would like to thank all of our contributors and wish you all a fantastic 2009.



Help feed the horses!

We always appreciate your help in caring for our many horses. You can now donate feed to Dream Catcher Therapy Center and End of the Trail Horse Rescue & Sanctuary by visiting our supplier, Snyder Farms, at 1441 65.30 Road in Montrose. It's easy! Just stop by, say "Hi" to Fred, and let him know you are there to support Dream Catcher Therapy Center. When you purchase feed to donate to our horses, Snyder Farms will even deliver it right to our barn!

What's Happening at DCTC?

We are excited to add a new member to the Dream Catcher team! Danielle Kemper, LCSW, is joining our Equine Assisted Psychotherapy (EAP) program.

Danielle Kemper is a Licensed Clinical Social Worker and psychotherapist in private practice. She has 16 years experience providing counseling services to individuals, couples, families and groups. She has a background in trauma resolution, and has

worked extensively with the juvenile justice system, public and private education, and community mental health.

She has post-masters training in expressive arts therapies for use with trauma resolution. She is a former adjunct professor in the area of trauma at Northern Arizona University in the Educational Psychology Department. She has also taught classes as a guest lecturer on trauma and the

brain, eating disorders, and sexual abuse for Arizona State University's distance MSW program, as well as taught a workshop on trauma for the Victim Witness Assistance Office volunteer training in Jefferson County. She is a certified community and court mediator, and has training as a life coach.

She is currently Level One EAGALA Certified and will receive her Level Two Certification in April 2009.

Support a Horse this Year!

Dream Catcher still has a small selection of horses that need to find sponsors for 2009.

Sponsoring helps to provide a horse with necessities such as food, medical care, lodging, and supplies. You will be provided with a

framed document that includes a photo of your horse and his or her story. A semi-annual update on your horse will also be provided to you.

The cost of sponsorship is only \$500.00 per year. We appreciate your support!



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Special points of interest:

- Review of Denim & Diamonds Casino Night
- EAP Information
- Sponsorship Information and Form
- Upcoming Events Details

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What is EAP?

Equine Assisted Psychotherapy (EAP) is an effective therapeutic approach to mental health counseling, using horses to encourage emotional growth and learning in the participants. EAP focuses on ground activities involving the horses, requiring the participant to apply skills such as creative thinking, assertiveness, problem-solving, leadership, and non-verbal communication. The program works with the individual to develop confidence, teamwork, responsibility, positive attitude and relationships. EAP ad-

resses a variety of mental health and developmental needs, including attention deficit disorder, depression, eating disorders, substance abuse, communication needs, and more.

Because EAP is considered psychotherapy, a licensed clinical professional is always involved with the program. During a session, participants complete their ground activities with a team, which typically consists of a horse, therapist, and horse professional. They will then

process and discuss their feelings and behaviors with the therapist.

EAP is practiced internationally by providers who are members of the Equine Assisted Growth and Learning Association (EAGALA). As expressed in their vision statement, EAGALA is dedicated to improving the mental health of individuals, families, and groups around the world by setting the standard of excellence in Equine Assisted Psychotherapy.



Are you looking for a volunteer opportunity?

We are always looking for volunteers who love horses and enjoy working outdoors. Our volunteers keep us moving forward by helping take care of the property. If you are interested in helping out, please call 323-5400 for more information.

Upcoming Fundraising Events in 2009

Mark your calendar now. The dates are set for this year's fundraising events!



Golf Tournament
Saturday, June 20, 2009
Black Canyon Golf Club
Montrose, CO

Practice that swing and get ready to play some golf! We will be hosting a golf tournament at Black Canyon golf course. Watch for details and how you can participate.

Field of Dreams 5k Run

Take a 3 mile run around Olathe
Saturday, August 1, 2009
Olathe High School
Olathe, CO
6:00 a.m.



Get your energy flowing with the Field of Dreams 5k Run. We will once again be holding the run in

conjunction with the Olathe Sweet Corn Festival. It will take place on Saturday morning, August 1, 2009, starting at Olathe High School at 6:00 a.m.

Denim and Diamonds Casino Night

Saturday, November 14, 2009
Montrose Pavilion
Montrose, CO
6:00 - 10:30 p.m.
Gambling, Dancing, Live and Silent Auctions



Our ever popular Denim and Diamonds Casino Night will take place in Montrose on Saturday, November 14, 2009! We look forward to seeing you at the Pavilion from 6:00 - 10:30 p.m. for an evening of friendly gambling, dancing, and bidding in our live and silent auctions.

If you have any questions about our events, please call us at 323-5400. You can also visit our website at www.dctc.org for more info and to register for our events.

From the Horse's Mouth

Hello,

My name is Dan; I am a sorrel and white paint gelding. I was born in 1996 and came to Dream Catcher Therapy Center with my pal Navajo. Before my time at Dream Catcher's, I was a pack horse for hunting season, and I was passionate about riding the trails.

Unfortunately, my owners ran out of time for Navajo and me, and they were no longer able to ride or necessitate us. I am now a very important part of the Dream Catcher

team. Soon I will be working with adult and military clients.

In 2005, I had a set back and was diagnosed with Squamous Cell Carcinoma. SCC is a locally aggressive, metastatic cancer. It needs an early diagnosis and treatment to prevent spreading. Luckily for me it was caught early. I saw Dr. Shull last week and will soon have a treatment plan. This might entail chemotherapy indefinitely.

I am currently in need of sponsorship to help Dream Catcher Therapy

Center with my expenses. I will need extra care and love due to my current health condition. Your sponsorship will assist in feeding me and getting the treatment that is necessary to keep me doing what I truly love.

Well, I gotta run. Looks like it's time to break into the hay stack. You know me, can't miss out on the fun!!!

Sincerely,
Dan



Dan in 2009

Our Mission...

Dream Catcher Therapy Center is a program for children and adults who have physical and mental health challenges. We seek to enhance their physical and psychological development through interaction with horses in a unique, clinical setting.

End of the Trail's Mission is to offer horses a second chance to be cared for, nurtured, and valued. To provide shelter and humane treatment to horses that have been abused or neglected.

"Small children are convinced that ponies deserve to see the inside of the house."

Maya Patel

Dream Catcher Therapy Center Angels

Dream Catcher Board of Directors...

President—Bill Hamm
Vice-President—Tony Licwinko
Secretary—Cyndy Vrabec
Treasurer—Tyler Hawkins
Medical Director - Mary Vader

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 Kristine Bagnara
 Joe Bagnara
 Donald Moreland, CPA
 Lynn Bernard
 Jim Kerschner
 Sgt. Allen Sinton



Dream Catcher Sponsorship...

We would like to invite you to help us make this year the most successful in Dream Catcher history! The success of this program is due to your generous support through sponsorships. You may complete the sponsorship form on the next page.

Amount	Sponsor Level	Sponsorship Benefits Include:
\$1,000	DREAM MAKER	<ul style="list-style-type: none"> * Horse Sponsorship benefits as listed below * Sponsor All Events benefits as listed below * Your logo or name on the Dream Catcher website * Your logo or name on t-shirts * Prominent representation on all publicity associated with the events * Four complimentary tickets to Denim and Diamonds Casino Night * Travel bag, hat and t-shirt
\$500	Horse Sponsorship	<ul style="list-style-type: none"> * Framed photo with your sponsored horse's story * A six-month update on your sponsored horse * Listing on the Dream Catcher website * Hat
\$500	Sponsor All Events	<ul style="list-style-type: none"> * Special recognition at every event * Listing on the Dream Catcher website * Four complimentary tickets to Denim and Diamonds Casino Night * Hat
\$250	Table Sponsor	<ul style="list-style-type: none"> * Special recognition at Denim and Diamonds Casino Night * Four complimentary tickets for Denim and Diamonds Casino Night * Hat * Newsletter
\$100	Friend of Dream Catcher	<ul style="list-style-type: none"> * Newsletter
Varies	Event Sponsor	<ul style="list-style-type: none"> * Prominent representation on all publicity associated with that event * Hat

To:

Dream Catcher Therapy Center
5814 Hwy 348
Olathe, CO 81425

Sponsorship Form

Company: _____ Attn: _____

Address: _____ City, _____ State _____

Zip: _____

Email: _____ Phone: _____

Fax: _____

Payment enclosed (payable to Dream Catcher Therapy Center)

Please invoice me

Please charge my credit card: Card Type: _____

Card Number: _____ Exp. Date: _____

Signature for Credit Card: _____

Please fax to (970)323-9090;
Mail to Dream Catcher Therapy Center, 5814 Hwy 348, Olathe, CO 81425;
or visit us online at www.dctc.org

We appreciate your generous support. Thank you!